

# Coeur d'Alene Chapter Idaho Writers League

# Lakegazette



Celebrating our 64th Anniversary 1943-2007

January 2007

P.O. BOX 1113, Hayden, Idaho 83835

## COEUR d'ALENE IWL MEETINGS:

**January 10**

**Jewett House**

9:00 A.M. to Noon

Program: Interactive work  
shop with Nicki Arana

Refreshments:

Refreshments:

**January 18**

**Lutheran Church**

Kathleen & Ramsey Road  
6:30 to 9:30 P.M.

Program: Sherry Ramsey will  
give a class on formatting,  
submitting and tracking your  
manuscript.

Refreshments:

Refreshments:

**January Birthdays:**

01/28 YVONNE A DEITZ

01/27 ANN STORY

01/30 JIM TURNER

### **Needed:**

REFRESHMENT volunteers for  
February and Beyond. Both day  
and evening meetings.

Please contact Barbara Rostad  
at (208) 777-1030 to volunteer  
for Refreshments.  
Thank you.

## Looking Ahead - With Hindsight

Sherry Ramsey

**2006 is over!** We had a great year with interesting speakers, met published authors, had classes on writing techniques, workshops in-house and specials held for the public. Our awards party was a blast and our Christmas party held belly-laughs as we read our Night Before Christmas poems. Tears ran down my face as Liz Mastin and Joan Hust read their hilarious poem of a scraggly drunken santa bumbling around the house. Next time I'll purchase some Depends for the occasion, just to be on the safe side.

We have some great ideas planned for 2007, brought about by concerns and suggestions from our members. If you see a problem with our group

and know of a way it might be improved, feel free to let me know. That doesn't mean I want all 71 of you to bombard me with complaints! Our

(continued on page 2)



## Find Some Inspiration

Larry Telles

**T**he sky is gray, our wind has a bite, and the ground sounds like walking on Corn Flakes. Fluffy wet snow is covering the grass. Santa came by over a week ago and we just entered a New Year. It's that time again to take that old dog-eared calendar off the wall and replacing it with a brand new shiny one. For some of us writers of prose, calendars can be a great source of inspiration. Twelve different images transport the viewer from the cold white winter, through the birth of spring, the heat of summer, and into the kaleidoscope of fall colors. Each month brings us a snapshot for thirty days (plus or minus a day or two), of a fresh view of the world. Each year for the past twenty-five, I have put up my Ghosts calendar on New Years Day. The character in my children's book fly's a biplane, and those

(See *Inspiration* continued on page 3)

business portion of the meetings is necessary and Larry does a good job trying to keep them as short as possible when some of us can get long-winded. With a group this large, you can't please everyone all the time. We have such a diverse group of writers who write everything from fantasy to poetry to children's to horror, memoir, fiction, non-fiction, novels, articles etc. We try our best to have our speakers address things that will help everyone.

## Members have been asking for more workshops and less authors.

Members have been asking for more workshops and less authors as speakers. The board has discussed it and we will have many exciting workshops this year that you will be able to learn from to improve your own writing. Visitors who come to our meetings are feeling a little left out. I'd like to ask each of you to welcome new faces as if they were a visitor in your own home. When Larry and I get to the meetings, our minds are on what we are going to say and do during the meeting. We need you to ask visitors or new members to sit next to you, let them know what's going on, make them feel welcome. Encourage them to join you for refreshments and introduce them to

some of the others. Show them where the restrooms are. Remember how you felt the first time you walked through the door? It's no fun being the new guy when everyone else knows each other and what's going on. We have such a gracious group, I know you'll all step up to the plate with this.

Here's the big change I've been excited to tell you about. New members and some of our old members are in the very beginning stages of writing and feel like our meetings are far beyond what they are ready for. We are going to try something new for a while and see how people respond to it. After refreshments when we break into critique groups, one room will be a beginning writer class. Just the basics. I'll come up with a series of basic classes and in several months when the series is over, start from the beginning again to accommodate other beginners. So if you see that one of the classes is something you need to learn, you can skip the critique session that meeting and go to the basics class in one of the other rooms. This could be a wonderful addition to our writer's group or it could flop. We'll never know if we don't give it a shot.

**Our next regular meeting will be Wednesday, January 10 at the Jewett House.** Our speaker will be award winning novelist and Writer of the Year, Nikki Arana. She will hold an interactive workshop on story structure. Because of the time constraints the first 10 people to e-mail Nikki [nikki@nikkiarana.com](mailto:nikki@nikkiarana.com) letting her know they want their story structure worked with, will be addressed at the meeting. Everyone else bring paper and you can learn a lot by listening to Nikki work with these 10.

**The night meeting on Thursday, January 18 will be at the Lutheran Church** on the corner of Kathleen and Ramsey from 6:30-9:30. I will give a class on formatting, submitting and tracking your manuscript—fiction or non-fiction, book-length or short story/article. If you want to give your manuscript the very best chance to outshine the rest before the editor even reads the words you've written, you might want to take this class.

**Don't forget, if you didn't get your membership dues in before December 15, you will not be on the January roster. That means you are no longer a member, will not receive the next newsletter, or any of my chipper e-mails. If you have fallen into this horrible black void, don't panic! Just send your check for \$35 to our new treasurer at:**

**Shirley Ellis  
7276 N Davenport St.  
Dalton Gardens, ID 83815-9536**

**Also, if you move or change your e-mail address, please let me know so we can change it in our records and you'll still get your newsletters and e-mails. I'm looking forward to seeing everyone at the next couple of meetings!**

## Inspiration-continued

calendars over the years have given me inspiration. I realize that not all people can get inspiration from a calendar.

Last April my wife and I were driving back from Sandy, Utah. We had visited our son for a few days. Looking for a place to eat lunch we happened to see a sign for a Historic Montana town, Phillipsburg. So we pulled off of the Interstate and drove on a twisty turning road for a long half-hour. When I pulled onto the main street of Phillipsburg, I saw brick buildings, antique stores, awnings, and lampposts. I had entered the fictitious town in my children's book. There in front of my eyes was more inspiration. We walked around the town, I took a few pictures and then we had lunch at a small family owned café. While waiting for our lunch I took a lot of notes.

This town had more to offer. On the way out of the restaurant I picked up a brochure at the cash register. Each September this little town devotes an entire week to have an accordion convention. People and groups come from all over the world to hear what is music to their ears.

Your inspiration may be different from mine. But one thing that all writer's have in common. Don't let it slip through your fingers. Carry three by five cards in your pocket. Carry a small tape or digital recorder with you. At this point I think I can compare inspiration to opportunity knocking. Look for inspiration as often and wherever you can. Winter to a large group of people is a depressing time. Why does it have to be so? A writer creates a mood on paper. Why can't a writer create an atmosphere that takes place in front of their word processor. Snow doesn't make any noise when it falls. With all that quiet, you can write.

The Coeur d'Alene Chapter of the Idaho Writer's League has a lot of people that can help you with your inspiration once it is on paper. Just ask Nikki! One of my projects that started forty years ago will be ready for the publisher in mid-January. My inspiration was two fold. The subject matter of my non-fiction book still isn't on any bookshelves. So I want to make sure mine is the first! Secondly, many of our current chapter members are getting published and it's contagious.

What has happened to the biplane-flying children's book that takes place in a small town with brick buildings? It's waiting in line, right behind my current non-fiction inspiration. If an old buzzard like me can do it, so can you! Make this the year you publish.

# POET'S CORNER



## Freeze Out

Of all the places I prefer to be,  
a snow-capped mountain peak is tops. But not  
without electric sox. All frozen forest  
filigree forebodes my need for fur-lined  
mittens, goggles and boost in blood pressure.

Give me winter sun on icicles  
and algid crystals as I walk, but spare  
my watching crunchy breath. Conceal my goosebumps  
with a down-filled moon suit. Thaw my  
hypothermic lungs with toasted oxygen.  
Enclose my head, except my frosted eyes,  
with ski mask. Wise, I'll take along  
embraceable heat sources— Five dogs. Steaming  
coffee thermos. Friends. Close Friends with torches,  
kindling and some logs.

B. J. Campbell

## NEWSLETTER STAFF

**Jim Turner - Editor (208 664-9244)**

**jimturner1@juno.com**

**Larry Telles - Assistant to the editor**

**Deadline:  
the 25th of each month.**

# Making Goals for 2007

By Sherry Ramsey

Well, here we are in 2007 and we have twelve months to top whatever we did in 2006. I like to write down a list of writing goals and set my mind to reaching them. My writing goals for 2006 were:

- To be published in a national magazine
- Get my work published in more places
- Finish my children's book manuscript, *Hidden Valley of the Wolf People*
- Get my other children's book manuscript, *The Secret of Baker's Woods*, accepted for publication
- Go to more writer's conferences and meet face-to-face with editors and agents
- To make at least \$2500 with my writing.

Having my goals in a list that I could check off was a big help for me. It pushed me; reminded me that I only had a certain amount of time to get it done in my self-imposed time frame. It's not like I plan to throw myself in front of a train or anything if I don't reach my goals, but I'd be disappointed if I didn't accomplish at least one thing on my list.

Remember to make your own goals realistic. If you set them too high, it's too easy to give up. For instance, I set a goal to earn \$2500 with my writing. That doesn't sound like much for a year, does it? But at an average of \$67 per article, I'm challenging myself to get 37 articles published in one year. Now that would be something to be proud of. Published articles wasn't the only way I earned money with my writing. I won \$85 with my entries in the IWL writing contest—enough to pay my way into the conference. I was paid \$87 by the Bonner County Fair Board for judging the Creative Writing Contest. All these things helped to keep me writing, and pushed my yearly earnings to \$3546. Not enough to even be considered poverty level, but it's \$3500 more than I made with my writing in 2005. So this year I'll raise my goal to \$6000 and bust my butt to reach that goal.

As for my other goals, I haven't been published in a national magazine, but I did get an article accepted for the next Writer's Market so I'm considering that goal reached. *The Secret of Baker's Woods* hasn't been accepted for publication, but it has been under consideration for 10 months with Tricycle Press. I figure they either forgot about it or ran out of toilet paper and my manuscript was the closest thing to the pot. I did reach my goal of finishing *Hidden Valley of the Wolf People* and met with a New York agent who requested the first three chapters. She then asked for the entire manuscript and just before Christmas sent a note asking for a few more weeks to have it exclusively. I went to the SCBWI Conference, IWL Conference, Whitefish Conference and a Journalism Conference and met with several editors and agents so I reached those goals.

I went from being published in *The Priest River Times* with no pay, and *Idaho Magazine* for \$20-\$30 per article in 2005 to being the main feature writer for *North Idaho Lifestyle Magazine*, front cover of *Idaho Magazine*, consistently on the front page of the *River Journal* and am a regular contributor for the *Spokesman-Review* in 2006. I'm not pointing these things out to brag, but to show you how much change can happen in one year—just twelve short months. One year I'm on my knees praying that someone—anyone—will publish something of mine, even a letter-to-the-editor, the next year editors are writing to ask if I have anything else for them.

It's not that I'm a great writer, as you well know if you read my column. My grammar's not that great, my punctuation is laughable and I don't have a sophisticated bone in my body. It's that I'm consistent, reliable and I actually send the editors pitches on a regular basis. I hunt them down by e-mail or snail-mail and ask if I can write for them. You'd be surprised how many local editors will give you a chance if you simply ask them.

So this is what I want from you in 2007. Make a list of realistic goals, something easy and make it more challenging as you go along. Maybe your goal can be to enter more contests this year, finish your manuscript or write an article and actually send it to someone. Maybe you'd like to take a class or attend more IWL meetings and bring something for critique. If this is more than you've done in the past then it's a great goal. It doesn't have to be something spectacular, like get on Oprah, just something to spur you on personally. Keep your list in a file on your computer or folded on a wrinkled piece of paper at the bottom of your purse. Then work all year to reach those goals, and next year this time you'll pull it out and be surprised how much you've accomplished. When you get those goals written down, if you are comfortable with it, send them to me and I'll put them in our Time Capsule of goals to be read at our next Christmas party. Go for it!



## Make a list of realistic goals.

# The Poets and Their Poems

Liz Mastin

**G**reetings everyone. I wish you a very Happy New Year! I enjoyed writing this column so much last year and look forward this year to doing something a little different.

Mary Oliver in her book *Handbook of Poetry* states that one of the best; if not the very best way to learn how to write good poetry is to *read good poetry* — and lots of it! Because of this, I thought it would be fun to learn something about the great poets and read some examples of their poems so we can learn more about the masters, and learn more about poetry from them.

I thought it would be fun to choose well known poets at random so one could see just how very different the poems are and the possibilities that exist for the writer of poetry from Shakespeare to Ted Kooser, and in the process to also notice how the culture influences poetry.

In a random way, I came across Robert Louis Stevenson, the author of many famous poems, essays, books and plays. Some of his better known works are “Treasure Island” and “A Child’s Garden of Verses.”

Robert Louis Stevenson was born in Scotland on November 13, 1850. Both his father and grandfather were lighthouse engineers and Robert’s father had hoped his son would follow in his steps and go into lighthouse designing. Robert, however, was a sickly child having a form of tuberculosis. He often would fall into sick spells when he became stressed or overworked and at time would linger near death, yet he lived an exciting life full of travel and adventure and produced a prolific amount of work. He was surrounded with spiritual influence as his *other* grandfather was a minister. He would spend family holidays in his grandfather’s home, also when he would be confined to bed with the tuberculosis, his nurse would read from the bible.

Robert’s father, on one occasion, took his son touring Scotland and this began a great interest in travel for Robert. His mind became filled with the

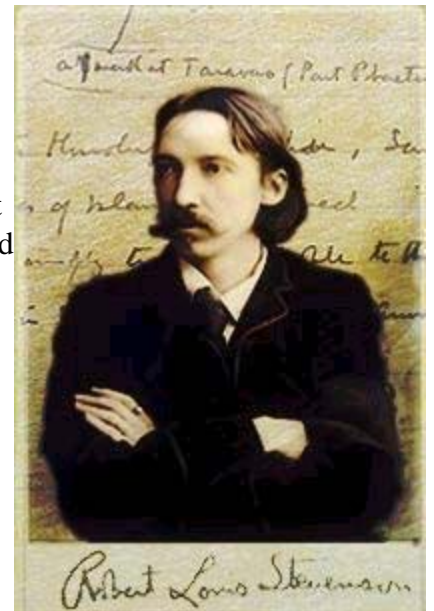
romance of the Scottish coasts and islands. He decided he wanted to be a writer rather than a lighthouse engineer, much to his father’s chagrin. His father insisted that Robert acquire a back up occupation in case the literary career didn’t work out, and he sent Robert to Law School. After getting his law degree, Robert began traveling and writing. He joined several writers colonies, one in Fontainebleau, and he made frequent trips to Paris. It was in Paris that he met his future wife.

Robert married Fanny Osbourne in 1880 and the couple lived a while in Paris. Robert was, as usual, in poor health and he was quoted as saying “*I am a mere complication of cough and bones, much better for an emblem of mortality than a bridegroom. I have so many things to make life sweet for me, it seems a pity I*

*cannot have that other one thing – health.”* During this time he began studying to perfect his writing style and continued broadening his knowledge of the world through travel.

Traveling really *took off* for Robert after the death of his father in 1887. He and his wife chartered a yacht and for three years wandered the Pacific Rim. He was continually observing and writing. He spent a great deal of time in the Hawaiian Islands and became close friends with King Kalakaua. The experiences he had in these years are recorded in his various letters and in his book “*The South Seas*”.

In 1890 he purchased 400 acres on one of the Samoan Islands and became involved in local politics on the island. Near the end of his short life he said “Sick and well, I have had a splendid life of it, grudge nothing, regret very little — take it all over, I would hardly change with any man of my time.”



## The Poetry of Robert Louis Stevenson

### Winter Time

From a Child's Garden of Verses

Late lies the wintry sun a-bed,  
A frosty, fiery sleepy head;  
Blinks but an hour or two; and then,  
A blood-red orange, sets again.

Before the stars have left the skies,  
At morning in the dark I rise;  
And shivering in my nakedness,  
By the cold candle, bathe and dress.

Close by the jolly fire I sit  
To warm my frozen bones a bit;  
Or with a reindeer-sled, explore  
The colder countries round the door.

When to go out, my nurse doth wrap  
Me in my comforter and cap;  
The cold wind burns my face and blows  
Its frosty pepper up my nose.

Black are my steps on silver sod;  
Thick blows my frosty breath abroad;  
And tree and house, and hill and lake  
Are frosted like a wedding cake.

# E

### Katherine

We see you as we see a face  
That trembles in a forest place  
Upon the mirror of a pool  
Forever quiet, clear and cool;  
And in the wayward glass appears  
To hover between smiles and tears,  
Elfin and human, airy and true,  
And backed by the reflected blue

# POET'S CORNER

### Christmastime

Liz Matsin

Following the pattern of the poem  
**Kathleen** by Robert Louis Stevenson

A time of joy is coming soon  
As trees and presents fill the room  
And take their place beside the wall;  
The presents gay, the fir tree tall,  
And from the cookies as they bake,  
Sweet odors from the hall escape,  
Good children in their 'jamas chime  
'Hooray at last it's Christmastime!'

### Jesus is the One

He is the only One  
Let Him have His way until the day is  
done.  
When He speaks we know the clouds will  
have to go.  
Then we rejoice with thanks for what  
He causes us to know!  
This kind of knowing dependent upon the  
faith He gives.

Joan Hust and Susan Francis

# Chick Pea

By Joan S. Hust



Just what do you want to call the chick pea as we know it, and how do you want to spell it? The chick pea, garbanzo bean, ceci bean, bengal gram, chana or channa (*Cicer arietinum*) is an edible legume (English “pulse”) of the family Fabaceae, and the sub family is Faboideae. The name “chickpea” derives ultimately from the Latin name “cicer” through the French chiche. The name “cicero” is derived from this plant. The word “garbanzo” comes from the Spanish language, an alteration that was probably influenced by Old Spanish garroba or algarroba of the Old

Spanish arvanco that was likely from Greek erebinthos.

The plant is eight inches to twenty inches high and has small feathery leaves on both sides of the stem. One seedpod contains two or three peas. The flowers are white or reddish-blue. Chickpeas need a subtropical climate and more than sixteen inches of annual rain. They can be grown in a temperate climate, but yields will be much lower.

Let me tell you about the two types of chickpeas, and where they are grown:

- Desi (kala chana) with small, dark seeds and a rough coat that prevails in the Indian subcontinent, Ethiopia, Mexico, and Iran.
- Kabuli with light-colored, larger seeds and a smoother coat that is mainly grown in South Europe, North Africa, and Afghanistan. It was introduced to India not until the 18<sup>th</sup> century.

The Desi form is also known as Bengal gram as well as chana. The Kabuli form is the kind grown in the Mediterranean today. The desi-type closely resembles those seeds found on archaeological sites and the wild ancestor. It is probably the earlier form. Desi-type chickpeas are said to have a very low glycemic index making it good for many people with blood sugar problems. The wild ancestor of domesticated chickpeas is *Cicer reticulatum*. It only grows in southeast Turkey so it is the most likely locus of domestication.

Domesticated chickpeas are first known from Jericho and Cayonu, Turkey and the pottery Neolithic in Hacilar, Turkey. They are found in the late Neolithic in Thessaly, Kastanas, Lerna, and Dimini. Wild chickpeas have been found in the southern French cave in Mesolithic layers, and by the Bronze Age they were known in Italy. They were eaten as a staple, a dessert, and raw in classical Greece. The Romans knew of several varieties such as venus, ram, and Punic chickpeas that they cooked into a broth and also roasted as a snack. The roman gourmet, Apicius, would serve it with rice.

Chickpeas are mentioned in Charlemagne’s Capitulare de villis as *cicer italicum* to be grown in the imperial domain. Albertus mentions the red, white, and black varieties. Culpeper tells us that “chick-peas or cicers” are less “windy” than peas plus more nourishing. A number of medical uses under the dominion of Venus included increasing sperm and milk, provoking menstruation and urine, and helping to treat kidney stones. Wild cicers were thought to be especially potent. Chickpeas were grown in some areas of Germany for use as a coffee substitute in the First World War.

Mature chickpeas can be eaten in salads, cooked in stews, ground into a flour called gram flour known as besan, and used in Indian cuisine, ground and shaped in balls and fried as falafel, stirred into a batter and baked to make farinata, cooked and ground into a paste called hummus, or roasted, spiced and eaten as a snack in India where they are referred to as “chana”. Chickpeas provide a major source of protein in a predominantly vegetarian culture. Chickpea flour is also used to make “Burmese tofu”, a food originating with the Shan people of Burma. Unripe chickpeas are often picked out of the pod and eaten as a raw snack in many parts of India, and the plants are eaten there as a green vegetable in salads.

Chickpeas are a good source of zinc, and protein. They are also high in dietary fiber and thus are a healthy food source especially as a source of carbohydrates for persons with insulin sensitivity or diabetes. They are low in fat, and most of the fat content is monounsaturated. One hundred grams of mature boiled chickpeas contains 164 calories, 2.6 grams of fat, 7.6 grams of dietary fiber, and 8.9 grams of protein. They are also a significant source of calcium. Some sources quote it as equal to yogurt and close to milk. The International Crops Research Institute for the Semi-Arid Tropics state that chickpea seed contains 23% protein, 64% total carbohydrates, 47% starch, 5% fat, 6% crude fiber, 6% soluble sugar, and 3% ash, and high mineral content in phosphorus, calcium, magnesium, iron, and zinc.

Trivia

- Among other explanations, it has been suggested that chickenpox derives its name from chickpeas, which resemble the chickenpox blisters that appear on the skin.
- It is believed that Cicero, of ancient Rome, was named after the ceci bean.

**I’m a chick pea, living the garbanzo lifestyle, trying to sprout my way into this world of ours... which is just a bowl of garlic hummus**  
☺ ANON

# Recipes

## Chili Chick Peas

- 1 Tbls olive oil
- 1 chopped small onion
- 1 Tbls tomato paste
- 1 tsp curry powder
- ¼ tsp chili powder
- 15 ounces rinsed and drained chick peas



- Heat oil and soften onion.
- Stir in curry powder, tomato paste and chilli powder and mix well
- Stir in the chick peas and heat through

## Chick Pea and Fennel Soup, or Minestra di Ceci e Finocchi

- 1 lb chickpeas
- ½ lb ditalini or other small tubular pasta
- A bunch of wild fennel or the leafy parts of the fronds of bulb fennel
- 5 C olive oil
- 1 minced onion
- ½ lb blanched, peeled, seeded chopped, drained and blended tomatoes
- Salt and pepper

Soak the chickpeas for at least 24 hours, or more if you have the time. Rinse them well, picking through them to remove stray stones, rub them between your fingers to eliminate seed skins, and set them to cook in 1 ½ qrts of lightly salted water.

While they're cooking, pick over and clean the fennel fronds, and cut them at least into thirds. When the chickpeas are half done (1 ½ hrs ) add the fennel to the pot.

Next, sauté the minced onion in the olive oil, and when it turns golden, add the blended tomatoes to it. Check seasoning and continue cooking until the moisture is almost all evaporated.

Now the chickpeas should be soft. Stir the tomato sauce into the chickpeas, add the pasta, and cook, stirring to keep pasta from sticking until it is done. Serve hot or cold.

## Hummus Chick Pea Dip

- 2 ¼ C whole chick peas
- 1 tsp bicarbonate of soda
- 1-2 crushed cloves garlic
- Salt
- ¼ C plus 2 Tbls tahini (sesame seed paste)
- 1 ½-2 lemons
- 4 Tbls olive oil
- A pinch of paprika
- Finely chopped parsley

Soak the chick peas in cold water overnight. Drain, add bicarbonate of soda and cover with water. Steam 20 minutes in a pressure cooker, or simmer for 1 ½ hours in a pan. Drain chick peas, reserving the liquid. Set aside a few peas for garnish.

Using a little of the cooking liquid reduce the rest of the chick peas to a puree in a blender or processor. Add the garlic, salt and tahini. Blend together thoroughly. Last pour in the lemon juice. The hummus will have a rich, creamy consistency.

Pour into shallow, bowl-shaped dish. Pour the oil in the center, and garnish with the whole chick peas. Sprinkle the paprika and a little chopped parsley as a decoration around the edges.

Hummus should be served at room temperature as a dip with warmed bread. It also makes a tasty accompaniment to grilled kebabs.

## Chick Pea Burgers

- 1 (19 oz.) drained can chick peas
- 2 med. Sliced size carrots
- 1 sm. chopped onion
- ½ C seasoned dry bread crumbs
- Pepper to taste
- 2 Tbls flour
- 2 Tbls vegetable oil
- 1 C. plain yogurt or sour cream

Combine first 6 ingredients in food processor until chick-peas are smooth and carrots are chopped fine. Spoon mixture into 8 mounds on flour. Press into patties until coated.

Heat oil in skillet, add patties. Cook patties (turning once) until golden brown and heated through. Top with yogurt.

## Chick Pea Salad

3 C cooked chick peas  
¼C chopped onion  
2 Tbls chopped pimento (raw or cooked)  
2 Tbls chopped (not grated) raw carrot  
Salad oil and vinegar  
2 tsp chopped green pepper  
3 tsp mayonnaise  
1 ½tsp mustard  
Salt to taste

Cook chick peas till soft. D not overcook. Chick peas should be soaked overnight as beans. Chick peas can be cooked in the pressure cooker after soaking. Drain soaking water and cover well with fresh water. Cook 25 to 30 minutes under pressure. Then let the pressure go down without putting under cold water. Drain. Mix together with all the other ingredients. This salad will keep in the refrigerator and is high in protein. Use chopped red pimento to make a colorful salad. Canned chickpeas can be used if you are in a hurry.

### References:

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## Tomato Chick Pea Soup

This is really rich and flavorful.  
One of my favorites, and it is REALLY easy.  
Guaranteed you'll like it.

- 1 med. Chopped onion.
- 2-3 minced garlic cloves
- 4-6 med. carrots
- 1 28 oz. can tomatoes
- 1/2 C tomato paste (or small can)
- 4 C water
- 4-6 vegetable stock cubes 1 or 2 tsp. dried basil
- 1 14 oz can chick peas (strained)

Sautee onions and garlic.

Add everything but chickpeas.

Bring to boil and then reduce heat to medium low and cook for 20 minutes or so.

Add chick peas and cook about another 10 min.

Have it with warm bread for dipping and you're all set.

If you want, put 1/4 cup of rice or some chopped potatoes in when cooking to make it a little more hearty.

## Toot Your Own Horn

### Looking for Success Stories

As Larry Telles always inquires at our meetings –  
“Who has had any acceptances and/or publications?”

Let your chapter members know about your successes. Any success can be an inspiration for others.

Email me all the info from the tiniest (a blurb in your church newsletter) to the largest (getting that movie deal from the query you submitted!)

We don't need the article but let me know what was published and where. If it will be coming out soon, let us know that too!

Send your submissions to [jimturner1@juno.com](mailto:jimturner1@juno.com)

Keep your eye on the Lakegazette to see your name in print... AGAIN!

## A Note of Thanks

We have completed another year in the Coeur d'Alene chapter and I wanted to give my thanks to some special members whose contributions to the chapter have been of immense help.

Jenni Hearne contributed four years keeping track of our finances. Her monthly reports to the board kept us informed about our financial well being. During her time as treasurer Jenni dealt with the difficulties of raising two teens as a single mom and job changes as well. Still, she found time to help with the finances and also with our Student Writing Contests. Thanks, Jenni, for your wonderful contributions.

Sharon Ostrom proved to be a valuable member of the chapter. Her grant writing abilities helped us fund our Student Writing Contests. Thank you, Sharon, and continued success with your newsletter.

Mary Smith is taking the snowbird route to St. George, Utah. She will be gone for a few months, leaving us to deal with the cold, the snow, power outages, and all the other fun that winter here brings us. While she is only an email away, for many of us a three-month rest will give our arms a chance to heal. Thanks, Mary. We wouldn't be where we are without you.

Our fearless leader, Larry Telles, has borne double duty as our president and our newsletter editor. He has given us many remarkable newsletters and now has a talented replacement in Jim Turner. We're not letting Larry off too easily, since we elected him again as our president. I am truly grateful to Larry. With some arm twisting by Mary, I agreed to run as chapter president, on the condition that Mary could find a replacement for me as the then Lakegazette editor. She convinced Larry to take over those duties so I took over as president. When my duties as chapter president, webmaster, and League 1<sup>st</sup> vice president became too much to handle, Larry stepped in as chapter president. A big THANK YOU to Larry for your editorial talents and your wonderful leadership.

David E. Hibberd



## Keeping in Touch

### Thank You IWL, Coeur d'Alene Chapter

Mary Smith, one of our past presidents, recently received this note—

I was just thinking about you and the IWL and wanted to email and let you know how the IWL prepared me for what I am doing now. Since moving to Utah, the magazine I started grew beyond my capabilities and just when I thought it was getting to be too much, I found out we were expecting our 3<sup>rd</sup> child after 5 years of trying.

Primedia ended up buying my magazine and bringing me on as a contributing editor for a new version that will come out in January.

Being a part of the Children's Village project really prepared me for working with an editor. My articles are now edited, changed, re-arranged and I am asked for re-writes, but I can handle them with objectivity because of the editing process for the Kaleidoscope book. So, thank you and the IWL for giving me the tools to get things done and stay sane!

#### **April Anderton**

Contributing Editor

*Digital Scrapbooking*

*Simple Scrapbooks*

*14850 Pony Express Road*

*Bluffdale, UT 84065*

April Anderton was a member of our chapter for a couple of years and worked hard while she was here. April contributed a short story and a poem to our *Kaleidoscope* project. She has since moved to Utah with her family.

Visit April's blog at [www.aprilanderton.com](http://www.aprilanderton.com)

# Notes, News, Announcements and other unpaid political incursions

## On the Road

Joan Hust

I am in Hyderabad, India on a mission trip in January.

Hyderabad is the fifth largest metropolis of India, and is the state capital of Andhra Pradesh. The city is nearly 400 years old and is noted for its rich history and culture with monuments, mosques, temples, and a rich and varied heritage in arts, crafts, and dance. It has a population of four million plus and growing. It is one of the most developed cities in the country and is the emerging IT and biotech hub of India. Hyderabad is known as the city of pearls and lakes.

I shall be teaching our consumer health medical database [www.medlineplus.gov](http://www.medlineplus.gov). I plan to speak at schools, churches, villages, and on the street using the evangCube to present the gospel of Christ. If you have a 15-minute slot when I return I'll give a PowerPoint presentation. I presume my photos will turn out well :-). I am not a skilled photographer as our Larry Telles.

HAPPY NEW YEAR to all our members. See you in February!  
Blessings, Joan



## Business Opportunity!

*The Panhandle Senior Gazette and Senior Gazette* are just going up for sale. According to Robert Jesse of Blanchard, they have a circulation of between 55,000-67,000 depending on the season and can be found at over 500 locations in the 5 northern counties of Idaho and 6 counties of Washington.

They are free monthly papers with a wide ad base. They have sales people and a small staff. If you have an interest and want more information, e-mail Robert at: [psgazette@yahoo.com](mailto:psgazette@yahoo.com).

## Virtual Office Services

My name is Irene Murray with Murray Virtual Office Services and I want to make your life easier. I am an independent contractor, who works out of my home office. I provide services to publishing companies that find themselves with an overflow of typing, proofreading or any special project work that may require an extra pair of hands or an extra set of eyes to assist them from time to time or on a regular basis.

Our company, Murray Virtual Office Services is a professional and independent home office-based business. We provide quality, reliable and cost-effective services for all your office-related projects. Please visit our website at [www.murrayvirtualoffice.com](http://www.murrayvirtualoffice.com) for more information.

Please call me at 508-697-3424 or e-mail me at [mvoservices@yahoo.com](mailto:mvoservices@yahoo.com) to discuss the assistance that I can provide you with.

Thank you and I look forward to hearing from you.

Irene Murray  
MURRAY VIRTUAL OFFICE SERVICES  
Irene Murray - Bridgewater, MA  
P: 508-697-3424 F: 508-807-1063



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## “Bake a One-Layer Website” Returns in January, 2007

Contact Larry Telles for more information.

# Psalm 1

*Author focuses  
on what's  
important in  
the New Year  
...and in life.*

The longing of my heart overwhelmed me, Lord.  
I yearned, yet the object of my desire was unclear.  
It woke me in the night, and I was lonely for it;  
I listened and waited, hoping it would keep me company.  
Like a vessel waiting for water to come fill every hollow,  
My mind reached for the intangible to make me complete.

A Psalm of B.J.

How long, I wondered, would I be earthbound, O Lord,  
Before the missing feature of my life was revealed?  
While I waited, could I find it in the love of a man?  
I have a faithful love, but he cannot touch the longing.  
Children are not the final achievement I seek.  
They could bring joy, but would leave me alone again in eighteen years.  
Should I gather more friends around me, and hope for some to bear my burden?  
If I tell them of my indefinite sorrow, they will flee.

Is fulfillment waiting in a new job? Will I find a change of venue  
And a new perspective, or a shift of players but the same discontented heart?  
Should I stop on the way and search for something more,  
Or expect happiness to find me suddenly when I retire?  
Perhaps another trip to some beautiful, far corner of Your Earth would satisfy.  
Or will I be shadowed by my soul wherever I go?

With my masters degree, I took my place with the learned, enjoying new smugness.  
Yet my fragments of knowledge revealed how much I will never know.  
Applause and certificates for my achievements gratified me,  
But two months after each bouquet, no one remembers how wonderful I am.  
Should I place my trust in wealth, to expect contentment in lottery winnings?  
Always before, when I have more, I want more. More will not be enough.  
No matter how much I know or have, or how much I am loved,  
It is never enough.

So I wanted, and my wanting drew me to the place where I shall never want.  
My need for You compelled me. I searched through  
Loves, family, friends, jobs, acclaim, knowledge, wealth and the beauty of Earth  
Only to discover they are fringe benefits from You, Lord Jesus.  
You alone are sufficient to fill my need. Only You are enough.  
If I have You, I have everything I need to be complete.  
Nothing can end my search for something more, nothing can make my life worth living  
Except Your presence.

*B. J. Campbell  
Post Falls, ID*

# Images of Christmas Past (Like 2 weeks ago!)

**T'was the night before.....**

**Good food -- Good friends,  
*Life Is Good!***



**Coeur d'Alene Chapter  
Idaho Writers League  
P.O. Box 1113  
Hayden, Idaho 83835 USA**

**ADDRESS CORRECTION REQUESTED**

## **2007 Officers**

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**Larry Telles:** President

208 762-2548 (ltelles@icehouse.net)

**Sherry Ramsey:** 1st VP & Co-Program Director

208 290-8749 (Lramsey@supersat2.net)

**Jim Turner:** 2nd Vice President - Newsletter Editor

208-664-9244 (jimturner1@juno.com)

**Ann Washington:** Secretary

777-9787 washingtonhouse@earthlink.net

**Shirley Ellis:** Treasurer

772-1940 shirjz@yahoo.com

**David E. Hibberd:** Webmaster

509 928-5528 (dehibberdwrites@comcast.net)

**Mary Jane Honegger:** Publicity

687-2900 honegger2@verizon.net

**Linda Juergensen:** Historian

683-2792 (hljuergensen@gmail.com)

**Barbara Rostad:** Hospitality Chair

208 777-1030 (BKR9950@aol.com)

**Sandy Smith:** Sunshine Committee (for a few more months)

263-7207 sandy@netw.com

**Mary L. Smith:** Special Projects

762-4081 (marynl@verizon.net)

**Patti Dickinson:** Very, Very Special Projects

667-8912 (pattid@imbris.com)

## **Who is the Idaho Writers' League?**

### **Purpose of the organization:**

The Idaho Writers' League is organized exclusively for charitable and educational purposes for the promotion of social welfare including:

- A. To promote and maintain a high standard of literary output and to recognize accomplishments of Idaho writers.
- B. To stimulate public respect and support for the art and profession of writing.
- C. To provide a unified organization for writers and those with serious interest in writing and literary skills.
- D. To encourage new writing talent, to exchange ideas through the League publication, and local and state meetings.
- E. To stimulate writing by means of contests and recognition awards.
- F. To encourage regional activity among neighboring chapters.